# Risk Communication 101 NASTTPO 2024

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## Risk Communication Experts

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#### Risk Communication is Science Based

• Risk: A threat of loss, real or perceived, to what we value

Risk Communication: The exchange of information about risks

# Risk Communication 101 Outline

• Emergencies

Aftermath of Emergencies

Planning for Emergencies

Bibliography

## A little bit on risk perception

- Risk = Hazard + Outrage
  - Voluntary or Coerced
  - -Natural or Man-made
  - -Familiar or Exotic
  - -Fair or Unfair
  - –Dreaded or not Dreaded
  - -Effect on Adults or Children
  - -Catastrophic or Chronic
  - -Perceived Moral or Immoral
  - -Delayed or Immediate Effects

# High Concern Situations Change the Rules of Communication

# People Pay More Attention to Outrage than Risk

- High outrage reduces objectivity
  - Stress reduces the ability to process information by 80%, for everybody
  - When stressed, people focus more in negative than positive information
  - When stressed, people want information related to trust, benefits, control
- High outrage expresses real grievances
  - Recognize that values and feeling are legitimate
  - Respond to emotion

# When we Explain Hazard and Ignore Outrage, We make the Conflict Bigger

## Risk Communication Theories

- Trust Determination Theory
  - Credibility
- Mental Noise Theory
  - Stress can reduce ability to process information by 80%
- Negative Dominance Theory
  - When people are stressed they focus more on negative information
- Risk Perception Theory
  - When people are stressed they want information that relates to trust, benefits and control

# RISK COMMUNICATION DURING EMERGENCIES

## Mental Noise Theory

- Under stress people have difficulty hearing, understanding and remembering information
  - So, it is your job to make the information as easy to understand as possible
  - This is not 'dumbing it down'
  - It is avoiding jargon, acronyms, trying to sound like the expert
    - People perceive this as covering up
- Mental Noise can reduce the ability to process information by 80%

# Rule, of 3

- Everything in Threes
  - Three Key Messages
  - Repeat Messages Three Times
  - Key Messages Supported by Three Supporting Messages

# 27/9/3 Template

• 27 Words

• 9 Seconds

• 3 Messages

# Message Map Question or Concern

Key Message 1	Key Message 2	Key Message 3
9 Words on Average	9 Words on Average	9 Words on Average
Supporting Info	Supporting Info	Supporting Info
1.1	2.1	3.1
Supporting Info	Supporting Info	Supporting Info
1.2	2.2	3.2
Supporting Info	Supporting Info	Supporting Info
1.3	2.3	3.3

# Message Map Chemical Release

Shelter in location	Do Not Evacuate	Protected Inside
Indoors	Roads are closed	Air better inside
Shut windows and Doors	Air is monitored	Supporting Info 3.2
Listen for all Clear	Listen for All Clear	Listen for All Clear

# Things to Remember

- First to the public is most trusted
  - Have a plan for information distribution
    - Social Media
    - Press
- Be transparent about what you know
- State when follow up will occur
- Remember, people under stress have difficulty processing information – keep it simpe

# Risk Communication in the Aftermath of an Emergency

# Risk Perception Theory

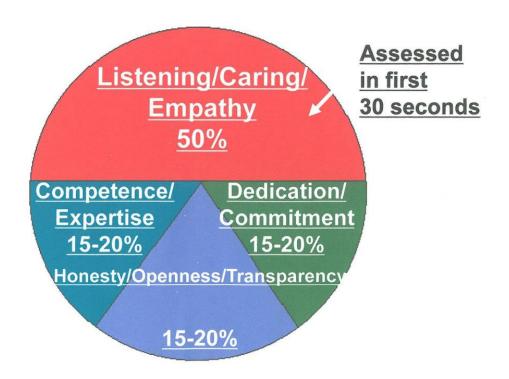
- Trust
  - Listening/Caring
  - Honesty Transparency
- Benefits
  - Societal
  - Organizational
  - Personal
- Control
  - Choice
  - Voice
  - Knowledge

# When People are Stressed or Upset, They Want to Know that You Care Before They Care What You Know

Non-Verbal Communication is 75% of the message

# The Most Important Thing

# Trust Determination Theory: High Concern Situations



# Non-Verbal Communication: High Stress/Risk Situations

- Provide up to 75 percent of the message
- Override verbal content
- Are intensely and quickly noticed
- When people are stressed or upset, they typically assign a negative meaning to virtually all external stimuli (for example facial expressions, posture and hand gestures)

## So What are the Non-Verbal Cues

- Greet people at the door smile, shake hands
- Dress respectfully
- Relax
- Notice your normal expression usually a frown
- Make eye contact
- Listen
- Pay attention to your posture
- Remember you are either a host or a guest!

# **CCO Template**

- Compassion
- Conviction
- Optimism

## The Words

- Do NOT talk more than 15 min.!!!!!!!!!
- Do use visuals
- Do NOT use jargon
- Do use examples, stories, analogies
- Do use positive or neutral terms
- Do NOT speculate or guess
- Do NOT promise what you cannot deliver
- Do NOT compare unrelated risks

#### More About the Words

- Repeat questions to make sure you understand
- Humor is great, IF it is directed at yourself
- Do NOT expect people to understand risk numbers
- Do NOT take it personally and don't ever attack an individual personally

## **Answering Questions**

- - Know the subject and audience, anticipate questions, practice
- Know your key messages
  - Use answers to reemphasize your key messages
- Keep answers short and focused
  - Answers should be less than 2 min.
- Manage yourself and your emotions
  - Listen, be confident and factual
- Speak and act with integrity
  - Tell the truth, if you don't know say so. Follow up as promised. If you are unsure of the question, repeat or paraphrase

# Risk Communication Planning

## Community Involvement

- Be Prepared
  - Identify a Hazard
  - Prepare Possible Communication Strategies
- Invite Community to Planning Meeting
  - City/County Officials
  - School Officials
  - Hospital Officials
  - Faith Leaders
  - Access and Functional Needs Representation
  - Others
  - Media???
- Meeting Logistics
  - Not During Working Hours or too Late in Evening
  - Not on Day of ballgames or Church
  - Neutral Building like a Library or Community Center
  - Don't Keep for Longer than an Hour

# What Happens at the Meeting?

- Explain Who you are and What you are Doing
  - Local Emergency Planning Committe
  - In Case of an Emergency, Planning for Best Communication to Community

#### Ask Questions and Listen to Answers

- How Best to Notify the Community
  - Social Media
  - Press
  - Other
- Best Messaging
  - Present your Draft Message
  - Ask if It Makes Sense
  - Ask for Alternatives

# Follow Up to Meeting

- Prepare Summary and Distribute
  - Be Sure to Include Ideas from Community
  - Ask for Feedback
  - Set Date for Another Meeting if Necessary
- Develop an Exercise which Includes Messaging
  - Invite Community Members to Participate in Exercise
- Hold an Exercise Review Meeting
  - Include Community Members
  - Incorporate Community Suggestions on Communication

Make Adjustments to Communication Plan as Necessary

# The Keys to Communication Planning

- Anticipate
  - Scenarios
  - Stakeholders
  - Concerns
- Prepare
  - Messages
  - Messenger
  - Means
- Practice
  - Rehearsals
  - Simulations

# Just For Fun: Concentration Comparisons

- One part per billion equals:
  - 1 second in 32 years
  - 1 drop in an Olympic size swimming pool
  - 1 inch in 16,000 miles
  - 1 pinch of salt to a 10 ton bag of potato chips
  - 1 sheet of toilet paper in a roll stretching from New York to London
  - 1 penny in a roll of pennies stretching from Detroit to Salt Lake City

## Risk Communication Resources

- Responding to Community Outrage: Strategies for Effective Risk Communication'
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